

CDC GUIDELINES FOR QUARANTINE & ISOLATION

UPDATED 12-27-21

IF YOU:	HAVE BEEN BOOSTED	RECEIVED THE TWO VACCINES OF PFIZER OR MODERNA WITHIN THE LAST 6 MONTHS	RECEIVED THE J&J VACCINE WITHIN THE LAST 2 MONTHS	RECEIVED THE TWO PFIZER OR MODERNA VACCINE OVER 6 MONTHS AGO AND NOT BOOSTED	RECEIVED THE J&J VACCINE OVER 2 MONTHS AGO AND ARE NOT BOOSTED	UNVACCINATED
TEST POSITIVE FOR COVID-19 ISOLATE	<p>STAY HOME FOR 5 DAYS.</p> <p>IF YOU HAVE NO SYMPTOMS AFTER 5 DAYS, YOU CAN LEAVE YOUR HOUSE.</p> <p>CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>IF YOU HAVE A FEVER, CONTINUE TO STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>IF YOU HAVE NO SYMPTOMS AFTER 5 DAYS, YOU CAN LEAVE YOUR HOUSE.</p> <p>CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>IF YOU HAVE A FEVER, CONTINUE TO STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>IF YOU HAVE NO SYMPTOMS AFTER 5 DAYS, YOU CAN LEAVE YOUR HOUSE.</p> <p>CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>IF YOU HAVE A FEVER, CONTINUE TO STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>IF YOU HAVE NO SYMPTOMS AFTER 5 DAYS, YOU CAN LEAVE YOUR HOUSE.</p> <p>CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>IF YOU HAVE A FEVER, CONTINUE TO STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>IF YOU HAVE NO SYMPTOMS AFTER 5 DAYS, YOU CAN LEAVE YOUR HOUSE.</p> <p>CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>IF YOU HAVE A FEVER, CONTINUE TO STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>IF YOU HAVE NO SYMPTOMS AFTER 5 DAYS, YOU CAN LEAVE YOUR HOUSE.</p> <p>CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>IF YOU HAVE A FEVER, CONTINUE TO STAY HOME.</p>
HAVE BEEN EXPOSED TO SOMEONE WITH COVID-19 QUARANTINE	<p>WEAR A MASK AROUND OTHERS FOR 10 DAYS.</p> <p>TEST ON DAY 5 RECOMMENDED**.</p> <p>IF YOU DEVELOP SYMPTOMS GET A TEST AND STAY HOME.</p>	<p>WEAR A MASK AROUND OTHERS FOR 10 DAYS.</p> <p>TEST ON DAY 5 RECOMMENDED**.</p> <p>IF YOU DEVELOP SYMPTOMS GET A TEST AND STAY HOME.</p>	<p>WEAR A MASK AROUND OTHERS FOR 10 DAYS.</p> <p>TEST ON DAY 5 RECOMMENDED**.</p> <p>IF YOU DEVELOP SYMPTOMS GET A TEST AND STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>AFTER THAT CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>TEST ON DAY 5 RECOMMENDED**.</p> <p>IF YOU DEVELOP SYMPTOMS GET A TEST AND STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>AFTER THAT CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>TEST ON DAY 5 RECOMMENDED**.</p> <p>IF YOU DEVELOP SYMPTOMS GET A TEST AND STAY HOME.</p>	<p>STAY HOME FOR 5 DAYS.</p> <p>AFTER THAT CONTINUE TO WEAR A MASK FOR 5 ADDITIONAL DAYS.</p> <p>TEST ON DAY 5 RECOMMENDED**.</p> <p>IF YOU DEVELOP SYMPTOMS GET A TEST AND STAY HOME.</p>

"The change is motivated by science demonstrating that the majority of SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after. Therefore, people who test positive should isolate for five days and, if asymptomatic at that time, they may leave isolation if they can continue to mask for five days to minimize the risk of infecting others."-CDC

****IF ANTIGEN OR PCR TEST IS NOT COVERED BY INSURANCE, SUBMIT THE RECEIPT FOR YOUR TEST TO HR AND REBLING WILL REIMBURSE THE EMPLOYEE FOR THE COST OF THEIR TEST.**